

Volunteer with Us

There are two kinds of gratitude: The sudden kind we feel for what we receive, and the larger kind we feel for what we give.

-Edward Arlington Robinson

We need your help as we look forward to our future as a vibrant faith community. Whether you can spend a few hours or several hours a month there are many ways you can participate as part of our church family. Your assistance is greatly appreciated wherever you may wish to help. Choose from the various ministries listed below, and call the contact person indicated. If you have a particular skill or interest that is not listed and you would like to see it included, we really welcome your call.

Irene Baddeley, Volunteer Coordinator, 250 382-1550 or baddeleyvic@shaw.ca



Helping Hands

No joy can equal the joy of helping others.

-Sai Baba



First Met
United Church
First Metropolitan United Church
932 Balmoral Road
Victoria, BC V8T 1A8
Phone: 250-388-5188 ext. 223 or 224
Fax: 250-388-5186
www.firstmetvictoria.com



Opportunities for Volunteering

Health and Wellness

Enhances and optimizes the health and well-being of individuals within the First Met community.

- Drivers for Summer Stroller Program
 - Healing Pathways practitioners
- Kyla Morrison Morgan: 250 388-5188/
kyla.morgan@firstmetvictoria.com

Children, Youth, Young Adults and Families

Provides support, direction, and creativity for all programs related to children, youth, young adults, and families.

- Assist with Sunday School: teaching, help with snack and clean-up, sorting costumes
 - Assist with Family Fun Friday: cooking
 - Assist with luncheons and celebrations
- Irene Baddeley: 250 382-1550/
baddeleyvic@shaw.ca

Hospitality

Foster a sense of loving community and support to all who seek its services.

- Sunday morning refreshment hour after 11:00 worship
 - Memorial receptions and teas
- Moira Nasim: 250 383-0400/
moira.nasim@gmail.com



Music

Advises and works with the Director of Music Ministry to promote First Met's music program, including worship music, ensembles, bands, choirs, and musical events. Skills needed in:

- Planning, graphic arts, sound and lighting equipment, technical skills

Irene Baddeley: 250 382-1550/baddeleyvic@shaw.ca

Worship and Christian Spiritual Development

Provides opportunities and occasions for us to experience God through worship and to enhance our spiritual growth.

- Reading Scripture
- Serving Communion
- Preparing Communion baskets for the homebound
- Decorating the Sanctuary: flowers and seasonal events

Edeana Malcolm: 250 412-7682/edeana@shaw.ca

Marion Denton: 250 478-1800/
junodigger@gmail.com

Library

Fosters Christian Spiritual Development by promoting reading and supports the congregation through materials in various media.

- Sunday morning library duties, website and bulletin board updates and book reviews

Denise Holmen: 259 370-5085/dmholmen@telus.net

Newcomers Welcoming Ministry

Ensures visitors and newcomers are welcome and supported in their search for a church home.

- Greet visitors and newcomers at worship services and church events
- Assist with newcomer follow-up by telephone and letter
- Help organize information sessions for newcomers

David Prestwich: 250 474-2698/bluesky1@shaw.ca

Church Office Support

Help the administrative assistant on week days.

- Reception and telephone
- Photocopying
- Data entry

Sharon MacDonald: 250 388-5188/
sharon@firstmetvictoria.com

Volunteer Development

Recruit, train, support, and recognize the volunteer work of the church.

- Assist with volunteer promotional events, bulletin board, newsletter articles

Irene Baddeley: 250 382-1550/baddeleyvic@shaw.ca

Communications

Helps promote First Met services and programs to congregants and the broader community.

- Website management, graphic production, social media

David Bray: 250 412-7682/davidbray@shaw.ca

Audio/Visual

Provide technical support to First Met worship services and events.

- Live streaming, lighting, video, audio
- Jim Anderson: 250 598-2003/jasan@shaw.ca

Finance and Administration

Oversees the financial records, fundraising, financial policies to ensure sound financial sustainability.

- Financial Stewardship Chair– to lead the 2017 Pledge Campaign, experienced resources available

Liane Clark: 250 886-8433/clark.liane@gmail.com

Board of Trustees

Monitors Foundation funds and investments and disperses funds for First Met programs and initiatives.

Irene Moore: 250 655-6628/
mimoore@telus.net

Archives and Heritage

Collects, preserves, and makes available church records and artifacts

- Volunteers needed with an interest in church and local history
- Flexible time commitment (usually Wednesdays)
- Opportunity for self-directed projects

Leave a message for Margery Hadley at the church office (250 388-5188) or drop a note in our mail box

